

The Cycle of Renewal Holistic Transformation Worksheet



2 Timothy 3:16-17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

Believing in the Lord Jesus with all our Heart, Soul, Mind and Strength means that we:

1. Embrace the revelation or feedback that God brings into our lives which convicts us of our sin and need for Him.

Revelation of God - What is the role you are neglecting or overfocussing on, the issue you are wrestling with, the attitude adjustment you are being prompted to make or **the deadly sin** you are being convicted about, and how did you become convicted of this?

2. Change incorrect or negative attitudes or beliefs through holistic repentance:

- agreeing with God's will (Heart),
- healing of wounds (Soul),
- learning God's truth (Mind) and
- calling upon God's strength (Strength).

Session 6: Personal Growth Plan

Heart - Agreeing with God's Will - What is God's will for you in this? What does He want you to will, want or desire concerning this?

Soul - Healing of Wounds - How have you been wounded and how does God want you to feel about this?

Mind - Learning God's Truth - What is God's truth concerning this? What is the scriptural support for your new understanding?

Strength - Calling Upon God's Strength - How were you moving in your own strength and how will you remind yourself to walk in the Spirit in this area of your life?

3. Embrace God's new correct Beliefs, Attitudes, Plans and Behavior through making amends and engaging your new training in righteousness.

Who has your sin affected and therefore who do you need to confess your sin to? From whom do you need to ask for forgiveness? With whom do you need to strive to make amends? What additional insights into God's plan for training you in righteousness did you learn through this process?
