

## Mentor and Life Coach

### Jason K. Pankau

➤ Jason brings a diverse background of athletics, finance, Christian studies, executive life coaching, wisdom and leadership to people and organizations with which he works. He is a sought after speaker, seminar leader, life coach, and consultant. He has served as the lead pastor in two church plants, and serves as a mentor and consultant to other church planters. While serving on the staff of Stanwich Congregational Church in Greenwich, Connecticut for six years, Jason developed the Omega Course and his life coaching ministry, which the church has commissioned him to share beyond the walls of Stanwich. Since then, Jason has created a host of supplemental seminars which combine to form the entire Omega Experience.

➤ Jason received a Masters of Divinity degree from Southern Theological Seminary, and currently is completing his Doctorate in Christian Leadership at Gordon-Conwell Theological Seminary. He received a B.A. in both Business Economics and Organizational Behavior and Management from Brown University.

➤ Jason is a co-founder and partner of E Pluribus Partners, a Greenwich, CT based think tank and consulting firm focused on helping organizations create engaging work environments. He serves as a consultant and life coach to many corporate executives and pastors, helping them lead their own lives and create engaging organizations.

➤ Jason is the co-author of, *Fired up or Burned Out - How to Reignite Your Team's Passion, Creativity, and Productivity* and a contributing author to *What Managers Say-What Employees Hear, Connecting with Your Front line - So They'll Connect with Customers.*

➤ Jason's wife, Jen, is also a graduate of Brown University with the B.A. in Psychology, and is a licensed clinical social worker. She is active in several ministries, especially those relating to children and youth. Jason and Jen have four children.

## Testimonials

*"I've learned from experience that I grow more when I'm coached. Life Spring Network has provided me the spiritual life coaching I've needed. The combination of wise guidance grounded in Biblical wisdom, goal setting and accountability focused on encouragement has helped me make progress toward becoming the man I aspire to become."*

**Michael Stallard, President, E Pluribus Partners**

*"The Life Coaching through Life Spring and Jason Pankau has provided a unique framework that looks at life in a holistic sense, demonstrating how to live one's faith journey in all aspects of one's life - from their interactions with friends and family to being a leader in Corporate America. Jason teaches how to be a true replicable disciple, living out the life we are called to by Jesus, in all aspects of life, while providing encouragement, guidance, and accountability on this path. This exceptional Life Coaching is revolutionary transformative in its approach and execution."*

**Robert Bull, Manger, GE**

*This journey...cannot be taken in isolation; it requires guidance, evaluation, care and understanding. Life Spring has provided that for us. Life Spring is helping us understand what it means to better stewards of the gift and privilege bestowed unto us by God. Life Spring is not a resource, but instead, it is the strong and powerful Hand coaching us and steering us in the direction that only God knows, but Life Spring understands.*

**Jay McCloy, Product Manger, BASF**

To schedule a Seminar, Speaking or Consulting Engagement, Mentoring/Coaching Sessions or for more information, please call:

**Life Spring Network**  
P.O. Box 782  
Itasca, IL 60143  
888-958-3331



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[www.lifespringnetwork.org](http://www.lifespringnetwork.org)

# Mentoring and Life Coaching

The Key to Realizing  
Your Potential in Life



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*realizing life's potential*

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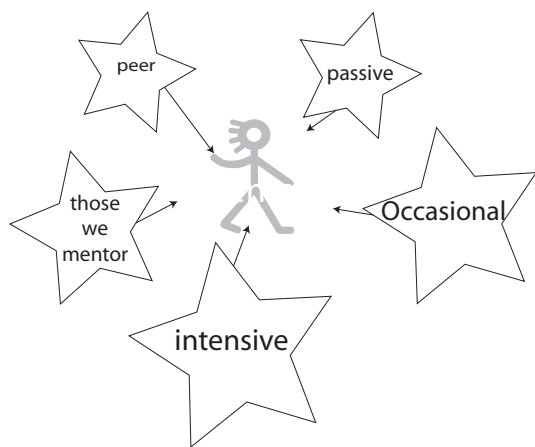
# Life Coaching and Mentoring

## Our Mission

Training, Mentoring, and Equipping communities of Christians to steward their lives and realize their potential in Christ. Our mission is accomplished through speaking, seminars, consulting, life-coaching and resources that foster reproductive discipleship.

Mentoring is the key to realizing our potential in all areas of life. It's the way Christ trained and molded His disciples into a group of spiritual leaders who changed the course of history.

Utilizing the Constellation Model of Mentoring taught in the Omega Mentor Training Seminar, we provide you with all you need to engage in every facet of mentoring.



# Life Coaching Services

## Intensive Mentoring (Life Coaching):

When you're ready to realize life's potential, you'll need a mentor. From Olympic Athletes to World Class Leaders, Diplomats or Entrepreneurs...its been said, "no one gets great without coaching." Why would the spiritual life be any other way?

Intensive Mentoring (Christian Life Coaching) with Life Spring Network encompasses a holistic approach to the life of discipleship. You will enter into a highly intentional, uniquely personalized and supportively challenging process that will guide, empower and encourage you to embrace God's presence, steward your life from God's perspective and realize life's potential through God's power. We will provide objective feedback and perspective for where you are now and will help you craft your personalized growth plan for where you want to be.

Our twelve session package provides the complete mentoring experience for those who are not able to attend a LIVE 24 Session Omega Seminar. Please contact our office at 888.958.3331 to find a LSN Certified Life Coach or Mentor.

## Life Coaching Packages:

|                          |                  |
|--------------------------|------------------|
| 12 Sessions @100.00 each | \$1200.00        |
| Omega Coaching Materials | <u>\$ 200.00</u> |
|                          | \$1400.00        |

# Mentoring Services

## Occasional Mentoring:

Sometimes all it takes is a few mentoring sessions to really get things off the ground. Other times it's great to come in for a routine check up! It's timely advice and correct perspectives – when, where and however often you need it. Helping you to rightly view self, God, others, and circumstances as the need arises.

## For individuals and couples:

\$150.00 Recommended Gift Per Session or other donations as God leads.

## Passive Mentoring:

Receive Mentoring through our Omega Course LIVE or on DVD or through other seminars offered through the Life Spring Network.

## Peer Mentoring:

Get connected with others in your area that are interested in the same thing: becoming more like Jesus. We will help you set up, connect with and maintain a peer mentoring network wherever you are.

## Mentor Training:

Get trained as a recommended mentor in your area and be a part of the Life Spring Network Mentoring Network through our annual Mentoring Retreat and Training Events.