

Our Main Speaker

Jason K. Pankau

➤ Jason brings a diverse background of athletics, finance, Christian studies, executive life coaching, wisdom and leadership to people and organizations with which he works. He is a sought after speaker, seminar leader, life coach, and consultant. He has served as the lead pastor in two church plants, and serves as a mentor and consultant to other church planters. While serving on the staff of Stanwich Church in Greenwich, Connecticut for six years, Jason developed the Omega Course and his life coaching ministry, which the church has commissioned him to share beyond the walls of Stanwich. Since then, Jason has created a host of supplemental seminars which combine to form the entire Omega Experience.

➤ Jason received a Masters of Divinity degree from Southern Theological Seminary, and currently is completing his Doctorate in Christian Leadership at Northern Seminary. He received a B.A. in both Business Economics and Organizational Behavior and Management from Brown University.

➤ Jason is a co-founder and partner of E Pluribus Partners (now Connection Culture Group), a Greenwich, CT based think tank and consulting firm focused on helping organizations create engaging work environments. He serves as a consultant and life coach to many corporate executives and pastors, helping them lead their own lives and create engaging organizations.

➤ Jason is the co-author of, *Fired up or Burned Out - How to Reignite Your Team's Passion, Creativity, and Productivity* and a contributing author to *What Managers Say - What Employees Hear, Connecting with Your Front line - So They'll Connect with Customers*.

➤ Jason's wife, Jen, is also a graduate of Brown University with the B.A. in Psychology, and is a licensed clinical social worker. She is active in several ministries, especially those relating to children and youth. Jason and Jen have four children.

Testimonials

"Delta has shown me that the "goal line" keeps moving and that change happens only through God. He reveals the area of my life that needs focus and He allows change through connection with Him. I need to continue to ask for, and depend on, His power to make changes and work through building a personal growth plan every season."

Ryan McAdams

"I would recommend the Delta Course to every christian – it truly is a life changing transformation! It taught me that the life I had been leading was dead and now I feel like I have the tools to get me to be a true disciple. I will wake each day and submit myself to God and His plan for my life."

Amy Gibbons

"Delta brings clarity and christian focus to consciously living in alignment and submission to God. We need to be more intentional about how we choose to live our lives. Delta teaches you to have daily, weekly and quarterly reflection time to enable us to live out my christian life."

Brian McLaughlin

"Delta really challenged me to reflect on and chart a course for my discipleship journey. Beyond that, it provides the guidance on how to stay the course. An abundant life is found by experiencing and expressing God's love through an on-going process of having others in my life that will keep me focused to stay submitted to God. Very empowering!"

Mark Pautsch

"Delta provides focused sessions to understand God's vision and to align our daily lives toward His plan. It has taught me that we all need mentors in our lives to help hold us accountable for the plans God has given us."

Dave Vance

To schedule a Seminar, Speaking or Consulting Engagement, Mentoring/Coaching Sessions or for more information, please contact:

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Delta Course



Discovering the Changes
that Lead to
Abundant Living



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realizing life's potential

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What is Delta?

The Christian life is all about transformation, becoming more like Jesus. The eight-session Delta Course guides participants into an understanding of the transformational journey of discipleship and equips them with the wisdom and tools necessary to grow a life holistically alive in Christ. A key part of Delta is discerning and implementing a personal growth plan.

Delta is an ideal course for new believers. It prepares them to take full advantage of the more in-depth, 24-session Omega Course journey.

Breakdown of the Eight Sessions:

1. Abundant Living
2. Connecting with Christ
3. Connecting with Community
4. Connecting with Calling
5. The Journey of Transformation
6. Realizing Life's Potential
7. The Joy of Discipline
8. Aligned Training

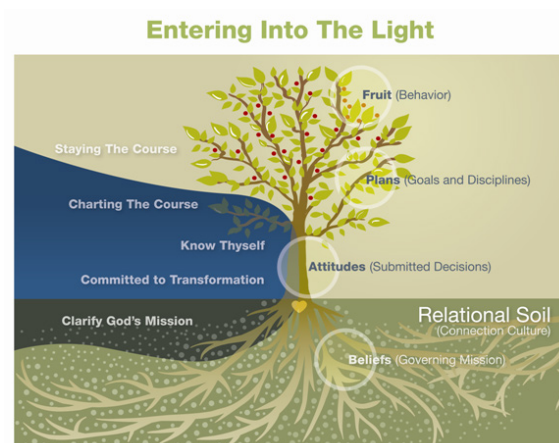
We have built an optional 2 session half-day retreat called the "Know Thyself Retreat" into the Delta Course journey. These two additional sessions go deeper into Session 6 of the Delta Course journey looking at 24 Character Strengths and the P.U.R.P.O.S.E. paradigm in more depth. They can also be done as two extra weeks to create a 10-week journey.

The Journey...

The Life Focus Process guides your journey through Delta and Omega and provides a framework for lifelong discipleship. The process will help you see a big-picture view of the life of discipleship, construct deeper relationships, identify specific growth and construct a personalized development plan built to be revised during every season of life.



The Entering Into The Light diagram below combines the steps along the Life Focus Process with how each step forms us as disciple-makers.



Delta Resources

Certified Trainers can teach the Delta Course live at your location or you can purchase the course on DVD. Participants can also watch the Delta Course by going to the video training center on our website. We have a variety of support and supplementary materials to help guide you on your journey including:

- DVDs, Audio CDs/Downloadable MP3's
- Participant Course Workbook
- Renew, Refresh, Refocus Retreat Workbook and/or fillable PDF
- C.O.R.E. Small Group L.E.A.D.E.R.'s Guide
- Mentoring and Life Coaching Handbook
- Leading the Omega Experience Handbook
- Live Trainer Resources

For more details or to find a certified trainer in your area, please visit our website at: www.lifespringnetwork.org.

Each person will receive:

1. Relevant biblical teaching
2. Proven tools to help you organize your life and thoughtfully plan for the future
3. Several biblical models to help you understand the Journey of Discipleship
4. A greater sense of focus for how to invest your life and experience the abundant life Jesus offers us